

# Northland Neighborhoods News



Northland Neighborhoods News is distributed on the NNI Website ([www.nni.org](http://www.nni.org)). Please call (816) 454-2000 if you wish to have your name or e-mail address added to or removed from NNI's database.

## SEATS STILL AVAILABLE FOR NNI AWARDS BREAKFAST

Each fall Northland Neighborhoods recognizes Northlanders who have made extraordinary contributions to the community. The November 12, 2010 Awards Breakfast will honor four outstanding people: The Larry McManus Good Neighbor Award to retired University of Missouri Extension community development specialist Charles St. Clair. The Ruthanne Harper Outstanding Public Service Award to KCMO Fire Chief Richard (Smokey) Dyer, the Richard Noll Excellence in Government Award presented posthumously to Assistant City Manager Rich Noll, and the Jay Dillingham Lifetime Achievement Award to NKC Hospital President David Carpenter. The second annual awards for Best Neighborhood Newsletter and Best Neighborhood Newsletter Article will also be

presented at the breakfast.

Sponsorships are available at the \$2,500, \$1,500, \$750 and \$350 levels, as well as single tickets for \$35. "The breakfast is a way to recognize and honor people who have made life better for all of us," says Jim Rice, Northland Neighborhoods CEO. The breakfast gets underway at 7:30 a.m. at the Embassy Suites KCI, 7640 NW Tiffany Springs Parkway, and ends promptly at 9 a.m.

All contributions are tax-deductible (less the actual cost of the breakfast meal). Checks can be made payable to Northland Neighborhoods, Inc., 3015 NE Vivion Road, Kansas City, MO 64119. Master Card and VISA are also accepted. For more information, call Northland Neighborhoods at 816-454-2000.



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## APPLICATIONS NOW AVAILABLE FOR 2011 EXCEL NEIGHBORHOOD LEADER PROGRAM

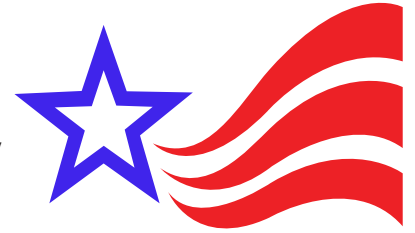
NI's EXCEL Neighborhood Leadership Program will begin its fourth year in January 2011. The 6-month training program includes sessions on Discovering the Leader Within, State and Local Government,

Community Infrastructure, Economic Development, Public Safety and much more. Past participants praise the program for the quality of its curriculum and the positive experience of working with fellow participants on realistic neighborhood issues.

Persons interested in enrolling should contact Jim Rice at 816-454-2000 or [jim\\_rice@nni.org](mailto:jim_rice@nni.org). Cost to participants for the entire program (includes training, materials, meals) is \$100. Scholarships are available.

## REGISTER TO VOTE AT NNI!

Elections for the Kansas City Mayor and Council are February 22, 2011 (primary) and March 22, 2011 (general). Northland voters need to be heard. You can register to vote at NNI. It's quick and easy, so do it today and add to the Northland's voice.



## LORIE'S HOUSE



NI's home builder partners, City officials and friends gathered October 26 for the grand opening of Lorie's house. Councilwoman Deb Hermann gave keynote remarks praising Lorie for her courageous life and complimenting NNI partners, including the KC Housing and Community Development Department, the Christian Carpenters and the Fuller Center. Lorie is scheduled to move into the home at 4413 N. Kensington in mid-November.

## NNI SEEKS QUALIFIED LOW-INCOME HOME REPAIR CONTRACTORS

Northland Neighborhoods, Inc. needs qualified low-income contractors to do home repair work including: Heating and Cooling (HVAC) Systems; Roofing; Windows and Doors; Gutters; Plumbing and Water Heaters; Code Violation Remediation; Siding;

Removing Barriers to Access; Weatherization Activities; Lead Testing and Abatement; Flatwork/Concrete; and General Contracting. Please contact Larry Washington at 816-454-2000 for more information.

## SYNERGY HAS GOOD HOME FOR GARAGE SALE ITEMS

Synergy Services accepts these items at its Thrift Store. Synergy Services is a non-profit organization that helps families in crisis. It has shelters for children, teens and women in the Northland. Many donated items go directly to these individuals in need. The rest is sold through the Thrift Store and the profits go back into the agency to help run the shelters and other programs. For more information contact 468-0404.

## NEIGHBORHOOD CLIPS

**November senior workshop to preview classes for older adults**  
Elizabeth Jackson, Adult and Older Adult Program Manager for the Clay County Public Health Center, will be on hand November 10, 9 a.m. to describe three special classes for older adults in Clay County. All of the classes are free and two are workshops. Based on interest, NNI and Clay County Public Health Center staff will schedule the full class. Here they are:

**Chronic Disease Self Management** or "Live Like Your Life Depends On It" is held one time a week for 6 weeks. This course is led by two instructors who have chronic conditions themselves or live with someone who does. They will discuss medication management, communication with physicians and family, pain management techniques, better breathing, exercise, nutrition, setting goals and more. Each participant will receive a handbook and a relaxation CD.

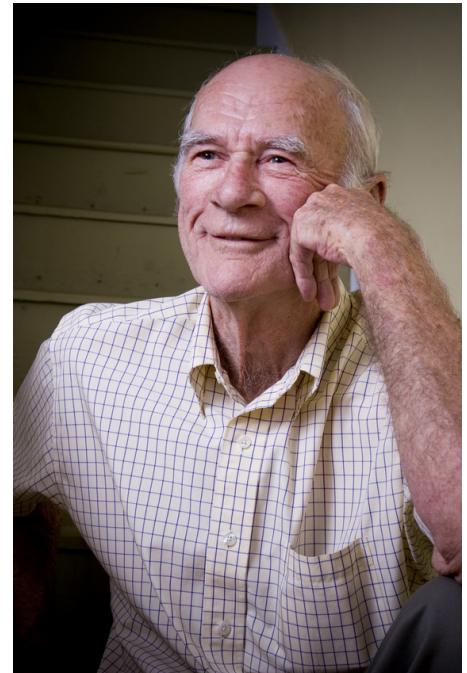
**Matter of Balance (MOB)** is an 8-class workshop led by volunteer leaders who have been certified to teach. Topics for this class include: home assessments to see what can be done to reduce likelihood of falling at home, exercise, communication, medication management, community resources available to them, and much more. A manual and a copy of the exercises are provided to participants.

**PEPPI-Peer Exercise Promotes Independence** class, led by trained volunteers, consists of exercises (most done in a chair) and focuses on increasing strength, endurance, flexibility and balance. Participants get a resistance band matched to their current level of strength as well as a folder of PEPPI information and the exercises. Clay County Health Center staff will do the baseline assessments on the individuals in the class.

### Upcoming Neighborhood Roundtables:

**November 23:** KCMO Housing Prosecutor Todd Wilcher

**January 25:** Councilwoman Jan Marcason and the upcoming water and sewer improvements program



## Directory of services available at NNI

- Neighborhood organization, by-law and board development, neighborhood cleanups, including a tool library
- EXCEL neighborhood leadership program
- Space for neighborhood meetings
- Monthly senior citizen health, education and recreation workshops
- Crime prevention training programs and Night Out Against Crime Kick-Off
- Comprehensive code enforcement (4 KCMO code officers are based at NNI)
- Neighborhood Computer Center
- Comprehensive home repair programs
- FOCUS Center: voter registration, pet licensing, code enforcement, animal control satellite, notary public, KCPD Office of Community Complaints, police-community interaction
- Monthly "Meet Your Councilperson" meetings
- Monthly "Roundtable" and communications workshops
- Clearing house on economic development projects that impact neighborhoods
- Neighborhood newsletter printing

## NNI Public Meetings and Events November 2010

Wednesday, 11/10	Senior Workshop	9:00 a.m.
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Friday, 11/12	Awards Breakfast--Embassy Suites	7:30 a.m.
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Monday, 11/15	NNI Board Meeting	6:00 p.m.
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*No 1st District Problem-Solving in November or December*

Tuesday, 11/16	Greenhaven Neighborhood	7:00 p.m.
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*Meet Your Councilpersons meeting not held in November or December*

Wednesday, 11/17	Cop Talk	6:30 p.m.
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Tuesday, 11/23	Neighborhood Roundtable	6:00 p.m.
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*NNI closed for Thanksgiving Thursday & Friday, 11/25 - 11/26*

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